



**GUIDE TO
WORKPLACE RULES
For Working KIDS**

From the
New Hampshire Department of Labor

**WORKING PAPERS ARE
REQUIRED FOR ALL MINORS
UNDER 16 YEARS OF AGE**

Working papers are obtained from your School upon presentation of an employer's request.

12-15 YEAR OLDS MAY NOT WORK...

- During school hours
- Before 7:00a.m. or after 9:00p.m.
- More than 3 hours per day on school days
- More than 8 hours per day on non-school days
- More than 23 hours per week during school weeks
- More than 48 hours per week during non-school weeks
- Hours may be stricter if employer is large enough to fall under Federal Child labor laws (for more information call 666-7716)

**WRITTEN PARENTAL PERMISSION IS
REQUIRED FOR ALL 16 & 17 YEAR OLD
MINORS.**

16-17 YEAR OLDS MAY NOT WORK...

More than 6 consecutive days, nor more than 30 hours per week during the school calendar week (Sun-Sat)

More than 6 consecutive days nor more than 48 hours per week during school vacation weeks or summer vacation (June 1 through Labor Day)

More than 10 hours per day in manufacturing, nor more than 10 ¼ hours per day in manual or mechanical labor, nor more than 8 hours per night, if working at night.

QUESTIONS?

WRITE, CALL OR EMAIL

NH Dept. of Labor Inspection Division
PO Box 2076, Concord, NH 03302-2076
(603) 271-1492 or 271-6294

Visit our website and Email us at:

www.state.nh.us/dol

**PROHIBITED OCCUPATIONS FOR
MINORS UNDER 16 YEARS OF AGE**

- Manufacturing occupations requiring the performance of any duties in workrooms or workplaces where goods are manufactured.
- Mining
- Processing or laundering as performed by commercial laundries
- Public Messenger Service
- Operation or tending hoisting apparatus or of any power-driven machinery
- Any occupation found to be Hazardous occupations
- Transportation (warehousing & storage, communications & public utilities, construction, except office and sales work)
- Any of the following occupations-
 - a) Work in or about boiler or engine rooms
 - b) Maintenance or repair of the establishment, machines or equipment
 - c) Outside window washing
 - d) All work requiring the use of ladders, scaffolds, etc.
 - e) Cooking
 - f) Any involvement with power driven food slicers, grinders, etc.
 - g) Work in freezers & meat coolers
 - h) Loading & unloading trucks & railroad cars
 - i) Warehouses except for office & clerical
 - j) Industrial Homework

**PROHIBITED HAZARDOUS
OCCUPATIONS FOR ALL MINORS
UNDER THE AGE OF 18**

- Manufacturing and storing explosives
- Motor vehicle driving and outside helper
- Coal Mining
- Logging and sawmilling
- Power-driven woodworking machines
- Power-driven hoisting apparatus, metal-forming, punching & shearing machines, baker machines, paper products & machines, circular saws, band saws and guillotine shears.
- Mining, other than coal mining
- Slaughtering, or meat packing, processing or rendering
- Manufacturing brick, tile, and kindred products
- Wrecking, demolition, and ship breaking operations
- Roofing operations
- Excavation operations

**This guide is sponsored by:
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